

believe

THE PROMISE OF GWINNETT

We Believe in Our Kids! **10 Resolutions for Parents to Promote a Bright Future for Their Child**

Here's a list of 10 resolutions for the new school year that are guaranteed to help your children enjoy a healthy, safe, and academically positive 2017–18 school year.

Read. Read. Read. Read to your preschool and primary school children at least 15 minutes a day, every day... and they will become lifelong readers. Encourage older children to set aside time for reading, too.

Discuss what happened at school with your child each school day. "What was the most interesting thing you learned today?" is a great conversation starter.

Praise children when they do well; support them when they fail; and give children the respect they deserve.

Get to know your child's teacher better. If possible, attend the school events where you can interact with your child's teacher, including curriculum nights, PTA events, and parent-teacher conferences. If you're not able to be at events, develop a relationship through e-mail or phone calls.

Help children to think and to solve problems. Discuss options and examine alternatives with them.

Give children opportunities to be independent and responsible for their own actions. Hold them accountable.

Limit television viewing and video game time. Reading, board games, and outside play are all alternatives that are healthier and more productive.

Let your children know school is important. Talk to them about how you still use what you learned in school.

Join in the life of your child's school. The more help parents give teachers, the more time teachers can spend with students.

Show your children your own love for learning and set their learning sights high. After all, you are your child's first, and favorite, teacher!

Adapted from materials from the National Association of Elementary School Principals; www.naesp.org.

